



21st NEXT COMMUNITIES

5 RESOURCES

LiberatED

Founder Dena Simmons

Abolitionist Teaching

The Future of Our Schools

<https://tinyurl.com/fjwzekfn>

Brene Brown

TED Talk “Listening to Shame”

<https://tinyurl.com/tzvkrct>

5 Steps for Liberating Public
Education From Its Deep Racial
Bias

<https://tinyurl.com/5yapfyvu>

Addressing Unfinished Learning

<https://tinyurl.com/yrxyx5pd>

Colorín Colorado

<https://tinyurl.com/rbvznews>

INTRODUCTION

I am an educator, awakener, and story teller. I am a teacher at heart and have worked with all ages and stages. I taught pre k special ed in a Head Start in San Antonio ISD, middle school special education in Northside ISD, and now I work with high school students in Austin ISD that have been exposed to and experienced victimization in their homes and community.

I have learned so much about equity in my education journey and love creating space for others to learn and unlearn as well. People of all ability levels are all worthy of connection and love.

5 TIPS



1. Smile. Nod. And then do what's best for kids.

2. Take care of yourself while you unlearn and undo decades of systemic racism and the toll it has taken on your body physically and mentally. You will shift into new mindsets and question old storylines and narratives you and others have created about your life. Be gentle with yourself and take your time.

3. Tap into the Nap Ministry. You are exhausted physically and spiritually because the pace created by this system is for machines and not a magical and divine human being. You are enough. Rest.

4. Solidarity is a powerful tool. We have everything we need to create positive change and move forward together. Everybody is worth it. No matter how deep their pain and suffering are and how those are presented to people around them.

5. Connect with others, rest, and give yourself time to heal.

When we break bones in our body, we naturally go to a doctor for mending and give ourselves time to heal. When we are broken in spirit and have emotional wounds to heal, we often push ourselves through tough times and claim its resilience. We should care for ourselves emotionally just as we do physically.



A newlywed in Austin, Texas. I was born and raised in a large Mexican- American family. I am a Latina, Middle Child, Gemini, ENFP that is determined to help others find the greatness in themselves. I strongly believes we are in a reconstruction phase to create a whole new world centered on inclusiveness and love. We need to start by learning who we are, where we came from, and removing old ways of thinking that no longer serve us.

Rebekah Ozuna